

# Guidelines for Netball Activity with 20 Person Restrictions

## GUIDELINES

LIMITED TO OUTDOOR ACTIVITY THAT CAN BE CONDUCTED IN SMALL GROUPS (NOT MORE THAN 20 PARTICIPANTS AND/OR OTHER PERSONNEL IN TOTAL) AND WITH ADEQUATE SPACING (NOT MORE THAN 1 PERSON PER 4 SQUARE METRES).



Skills using netball passing, shooting, defending. Small groups based on skills with set drills, but no close contact such as defending/attacking/match play drills.



Accidental contact may occur but no deliberate body contact drills. No wrestling, holding or binding.



'Get in, train and get out' — be prepared for training prior to arrival at venue (minimise need to use/gather in change rooms, bathrooms). Minimise use of communal facilities (e.g. change rooms) with limited numbers (not more than 20 participants/staff in total).



Hand hygiene (hand sanitisers) on entry and exit to venues, as well as pre, post and during training. Thorough full body shower with soap before and after training (PREFERABLY AT HOME). Where possible maintain distance of at least 1.5m while training.



Some sharing of sporting equipment permitted.



Have cleaning protocols in place for equipment and facilities.



No socialising or group meals.



Spectators should be kept to the absolute minimum. SPECTATORS ARE INCLUDED IN THE 20 PEOPLE PER COURT LIMIT. Spectators should maintain social distancing of at least 1.5m.

For full Return to Community Netball Guidelines including infographics, venue information, hygiene requirements and risk assessments visit the Netball NSW website at: [nsw.netball.com.au/covid-19-toolkit](https://nsw.netball.com.au/covid-19-toolkit)